

## A Clear Alternative to Braces – Invisalign <https://www.invisalign.co.uk/>



Before



After

### **What are Clear Aligners (Invisalign)**

Clear aligners such as Invisalign are alternatives to conventional fixed braces. They are more suited for adults who wish to have discreet braces and for those who have mild teeth irregularities.

### **Are they suitable for every type of orthodontic problem?**

No, sometimes conventional fixed orthodontics is the only option.

### **Do I need to see a Specialist Orthodontist for this?**

Not necessarily. You can also see a suitably trained general dentist approved by Invisalign such as us.

### **How do I know if I am suitable?**

Patients with untreated decay or gum disease should not consider any elective dentistry (such as orthodontics, implants, cosmetic dentistry) until the dental disease is stable. We will decline any such treatment as it is not in the patient's interest to do so.

To arrange an Invisalign consultation, please book an appointment with one of our dentists. For existing patients, a standard routine private examination fee will apply and a new patient fee for new patients. At this visit the dentist will answer your questions.

If you are deemed a suitable candidate for Invisalign, the dentist may recommend the next step which is photographs, impressions or a scan of your teeth and possibly some x-rays. All this information will be sent to Invisalign to create a 3D simulation of your teeth, which will allow you to see what your final result will approximately look like.

If you are not suitable for Invisalign orthodontic treatment, we are more than happy to refer you to a specialist orthodontist to discuss your options.

### **How long does it take?**

Clear Aligners will only work if you are prepared to wear them for 22 hrs a day. You should only remove them for eating and drinking. On average the treatment takes from 12-18 months.

### **How much does it cost?**

After the 3D simulation is returned by Invisalign, we will be able to quote you an exact fee which ranges from £3,250 to £4,500 depending on complexity and whether it involves one or both jaws. If you go ahead the fees that you had paid for the 3D simulation will be deducted from this figure. We have an arrangement with Dental Finance for a 12month interest free loan for those eligible.

### **Will I need to have a retainer?**

Yes, this is necessary for life to prevent relapse. You will need to wear a removable retainer at night time. They may need to be replaced typically after a few years at extra cost as they can break/wear. The fee for the initial retainer(s) is included in the quotation. You can also consider a fixed retainer which is a wire placed behind your teeth after straightening them, as an **adjunct** to the night time removable retainers.