

Smile makeover using composite bonding and veneers:

Dental bonding with composite filling material directly in the mouth is one of the most conservative methods to repair chipped teeth, discoloured teeth, chipped teeth, decayed teeth and close gaps or modify shape of the teeth to enhance your smile.

Pros: The procedure is relatively quick, cost effective and can be repaired. Cons: Composites are prone to staining more than your natural teeth. Avoid excessive consumption of foods that cause staining such as coffee, red wine, berries etc

Veneers: These are usually made using Porcelain in a laboratory

Pros: Porcelain does not stain (although staining can occur at the margins) and retains its polish for a long time.

Cons: More time consuming. Therefore, more than double the cost of direct bonding. Repairs are unpredictable and often remakes are required.

What if I have crowded or crooked teeth? Happily, advances in adult orthodontics has meant that many patients could have either teeth straightening to get a great smile or, that some straightening was done beforehand to allow very minimal tooth preparation to be carried out.

Is tooth whitening advisable before you consider any of the cosmetic procedures? In many cases if tooth whitening is desired it should be carried out beforehand, as artificial materials do not whiten.

How do you decide what is best for you? Not one size fits all. The one option may or may not be suitable for you and it's important to discuss all options carefully with your dentist before deciding what is right for you. Do not simply rely on social media.

Is it permanent? Whilst the treatment is intended to last for many years, it will almost certainly need regular maintenance. You need to maintain good hygiene and oral health and visit your dentist regularly. There can be some chips from time to time which can be repaired and there will be certainly wear and tear just as your natural teeth are prone to wear. Please do not assume that this is permanent and maintenance-free solution.

Before and After Gallery: Bonding (B), Veneers(V), Crowns(C) and Orthodontics(O) combinations



B,V,C



O



B



B



C



B



B



V



C, B



B



C